

What are the major factors that contribute to joint health?

The following are major factors that contribute to joint health:

- Aging process—Our joints fall victim to the aging process. Years of activity continue to wear down cartilage.
- Weight—Excess weight commonly stresses the hips, feet, spine, and the large weight-bearing joints, such as the knees. It is estimated that 62% of Americans are overweight.
- Baby Boomers—A large portion of the population, 80 million children born between 1946 and 1964 (peak in 1957 with 4.3 million births) also known as the “baby boomer” generation (today age 50–68) are staying active. According to SeniorJournal.com a new survey of lifestyle interests among a select group of baby boomers and senior citizens shows that active recreation, especially adventurous pursuits, such as hiking and river rafting, is emerging as a top interest for these older Americans. As a result, joint health has become a greater need for the aging population.

What is glucosamine HCl?

Derived from shellfish, glucosamine is widely known to help rebuild cartilage and support joint health.*

What is chondroitin?

Chondroitin has become a widely used dietary supplement for joint support. Chondroitin sulfate is an important structural component of cartilage and provides much of the cartilage’s resistance to compression.

What is MSM?

MSM is a mineral that is vital in the formation and maintenance of collagen, connective tissue, and healthy joint cartilage. MSM nourishes your joints and supports joint comfort.

What are the key differences between Replenex and Replenex Extra Strength?

The key differences between Replenex and Replenex Extra Strength are as follows:

REPLENEX*	REPLENEX EXTRA STRENGTH*
Glucosamine—Rebuilds cartilage	Glucosamine—Rebuilds cartilage
	Chondroitin—Cushions joints
	MSM—Promotes elasticity and flexibility
	Patent-Pending A.I. Blend—Comforts joints

What is the patent-pending A.I. Blend in Replenex Extra Strength?

- Devil’s Claw—Plant grown and collected in southern Africa, devil’s claw is traditionally used in Europe to ease joint discomfort.*
- Ginger—Produced worldwide and commonly found in both food and medicine, ginger has been used for many purposes, including joint health. Ginger has also been shown to modestly relieve stiffness after standing or walking in some patients.*
- Aronia (Chokeberry)—This plant has strong abilities to relieve stiffness.*
- Angelica gigas—A plant that comes from China, Japan and Korea, it is used in traditional Chinese and Korean medicine for circulatory health.*
- Curcumin (Turmeric Extract)—This is a perennial plant of the ginger family.
- Green Tea—This is an effective antioxidant and supports joint health.*

Which joints in my body can benefit from Replenex?

Most joints in the human body can benefit. Most people need support for their hips, feet, spine, and the large weight-bearing joints.

* These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.